

# BUILD UP

A BUILD-UP IS THE ADDITION OF A RESTORATIVE MATERIAL TO A BROKEN DOWN OR DECAYED TOOTH BEFORE A CROWN, BRIDGE, INLAY, ONLAY OR VENEER IS PLACED.

## FREQUENTLY ASKED QUESTIONS

### 1. What material is in a Build-up?

A build-up is made of:

- A Tooth Colored "composite" filling material
- A silver "amalgam" filling material.

### 2. What are the benefits of a Build-up?

- A build-up restores a broken down or decayed tooth to the ideal shape needed to accommodate a crown, bridge, inlay, onlay or veneer.

### 3. What are the risks of a Build-up?

- Preparing for and placing a build-up can irritate the tooth and cause "post-operative" sensitivity which may last for up to 3 months.
- Teeth which have had build-ups may need a root canal treatment about 6% of the time during the lifetime of the tooth.

### 4. What are the alternatives to having a Build-up?

- No treatment alternatives exist besides a build-up for broken down or decayed teeth which require a crown, bridge, inlay, onlay or veneer.

### 5. How can an existing bite affect a Build-up?

- Excessive biting forces or untreated bite problems may lead to the build-up breaking or loosening.
- Excessive biting forces or untreated bite problems may lead to the tooth in which the build-up has been placed breaking.

### 6. Are there post-treatment restrictions once I have a Build-up?

- A build-up may break or loosen if chewing very hard or sticky foods.



Examples of build ups